## MEDICAL RECORD - NURSING CARE PLAN

For use of this form, see AR 40-66; the proponent agency is the OTSG

INSTRUCTIONS: Number and initial each recording.

| 1. Date Identified | 2. RN Initials | 3. # | 4. Problems | 5. Expected Outcomes (Goals) | 6. Date Accomplished Revised |
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(Continue on Reverse.)

5. Discharge Considerations.

6. Patient Identification. *(For typed or written entries give: Name - last, first, middle; grade; date; hospital or medical facility)*

## MEDICAL RECORD - NURSING CARE PLAN *(Continued)*

INSTRUCTIONS: Number and initial each recording.

| 1. Date Identified | 2. RN Initials | 3. # | 4. Problems | 5. Expected Outcomes (Goals) | 6. Date Accom-plished Revised |
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**NURSING DIAGNOSTIC CATEGORY GUIDELINES:**

HEALTH PERCEPTION-MANAGEMENT PATTERN:
Health Management, Deficit, Total
Health Management Deficit *(Specify)*
Infection, Potential for
Physical Injury, Potential for
Noncompliance *(Specify)*
Noncompliance, Potential *(Specify)*
Poisoning, Potential for
Suffocation, Potential for

Nutritional-Metabolic Pattern:
Decubitus Ulcer
Fluid Volume Deficit Potential
Fluid Volume Deficit, *(Actual)(1)*
Fluid Volume Deficit, *(Actual)(2)*
Nutrition, Alteration in: Potential for More Than Body Requirements, or Potential Obesity; More Than Body Requirements, or Exogenous Obesity; Less Than Body Requirements, or Nutritional Deficit *(Specify)*
Skin Integrity, Potential Impairment of, or Potential Skin Breakdown
Skin Integrity, Impaired

Elimination Pattern:
Alteration in Bowel Elimination: Constipation or Intermittent Constipation Pattern
Alteration in Bowel Elimination: Diarrhea
Alteration in Bowel Elimination: Incontinence or Bowel Incontinence
Urinary Elimination Pattern, Altered
Urinary Elimination: Impairment of: Incontinence
Urinary Elimination, Impairment of: Retention

ACTIVITY-EXERCISE PATTERN:
Activity Tolerance, Decreased *(Specify Level)*
Airway Clearance, Ineffective
Breathing Pattern, Ineffective
Cardiac Output, Alteration In: Decreased
Diversional Activity Deficit
Gas Exchange, Impaired
Home Maintenance Management *(Mild, Moderate, Severe, Potential, Conflict)*
Joint Contractures, Potential
Mobility, Impaired Physical *(Specify Level)*
Self-Care Deficit, Total *(Specify Level)*
Self-Bathing-Hygiene Deficit *(Specify Level)*
Tissue Perfusion, Chronic Alteration in

Cognitive-Perceptual Pattern:
Cognitive Impairment, Potential
Comfort, Alteration In: Pain
Pain Self-Management Deficit
Knowledge Deficit *(Specify)*
Sensory Deficit *(Specify),* Uncompensated
Sensory-Perceptual Alterations: Input Excess or Sensory Overload
Short-Term Memory Deficit, Uncompensated
Thought Processes, Impaired

Sleep-Rest Pattern:
Sleep-Pattern Disturbance

Self-Perception-Self-Concept Pattern:
Anticipatory Anxiety *(Mild, Moderate, Severe)*
Anxiety, Mild
Anxiety, Moderate
Anxiety, Severe *(Panic)*
Body Image Disturbance
Depression, Reactive *(Situational)*
Fear *(Specify Focus)*
Personal Identity Confusion
Self Esteem Disturbance

Role-Relationship Pattern
Grieving, Anticipatory
Grieving, Dysfunctional
Independence-Dependence Conflict, Unresolved
Parenting, Alteration in
Parenting, Potential Alteration in
Social Isolation
Socialization, Alterations in
Translocation Syndrome
Verbal Communication, Impaired
Violence, Potential for

Sexuality-Reproductive Pattern:
Rape Trauma Syndrome
Rape Trauma Syndrome: Compound
Rape Trauma Syndrome: Silent Reaction
Sexual Dysfunction

Coping-Stress Tolerance Pattern:
Coping, Family: Potential for Growth
Coping, Ineffective Family: Disabling
Coping, Ineffective Family: Compromised
Coping, Ineffective *(Individual)*

Value-Belief Pattern:
Spiritual Distress *(Distress of Human Spirit)*

REFERENCE:
Manual of Nursing; Diagnosis 1983
Marjory Gordon, McGraw Hill Pub. Co.
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